

Adult Activities and Excursions at LSF Montpellier - 2017

Our full-time activities officers go out of their way to ensure that our students make the most of their stay in Montpellier. At LSF, we offer a unique weekly activity and excursion programme on a pay-as-you-go basis. The activities below are sample activities, please note that they might not be available every week of the year. Prices might vary. This list is not exhaustive and we offer many more activities and excursions !



DISCOVER FRENCH GASTRONOMY

- Olive oil and tapenade tasting: 6€
- Regional products tasting: 7€
- Castle visit with wine-tasting : 15€
- French pastry workshop: 30€
- Champagne tasting and tapas: 30€
- Tapas night and wine: 35€
- Wine tour in the Pic St Loup: 40€
- Gourmet tour in Sète/Thau: 50€
- NEW** Brunch at school: free
- Cooking lesson with a chef (3h): 80€



EXPLORE THE SOUTH OF FRANCE



- Guided tour of Montpellier: free
- Half-day excursion by bus:** for eg Avignon, Aigues-Mortes: 30-40€
- One-day excursion by bus:** for eg Carcassonne, Marseille 45-50€
- NEW One-day excursion by minibus** to Navacelles or Roquefort including lunch at a typical restaurant: 55 €
- Half-day excursion by minibus** to Navacelles with a honey-tasting: 45€
- Boat tour:** 40-45€
- Visit of caves:** 35 €



EXPERIENCE FRENCH CULTURE



- Exhibition guided visit: free
- French songs in a French café: free
- Pétanque: 6€
- NEW** Watercolor class: 20€
- Opera Concert: 12-15€
- Topical debate at school: free
- Open dance rehearsal: free
- Cinema + debate in a bar: 9€
- Cine-club at school: free
- Weekend in a typical lodge: from 70€
- NEW** Skiing weekend: from 250€

TRY OUR OUTDOOR ACTIVITIES

- Theme walk around Montpellier: 5€
- Bike-ride to the beach: 7€
- Walk and picnic by the river: 10€
- Beach pizza party: 15€
- Mountain walk: 12-25€
- Canoeing: 30€
- Horse-riding in the Camargue: 45€
- Canyoning: 55/65€

